

Nouveau Medispa
CoolSculpting™ Treatment Consent

Name: _____ Date: _____

What to Expect During Your CoolSculpting Procedure

- No general/topical anesthesia or pain medication is needed.
- Applicator cup uses gentle vacuum pressure to draw tissue between the cooling panels.
- You may feel a pulling sensation caused by the vacuum pressure in the area being treated.
- You will feel a cooling sensation in the procedure area. This sensation goes away in a few minutes.
- You will either sit or lie down during your procedure, depending on the area being treated.
- Procedure takes from 1 to 2 hours depending on the number of placements. Ask your doctor for the total appointment time required for you visit.
- The CoolSculpting Procedure is comfortable; read, listen to music or simply relax.

What to Expect Immediately After the Procedure

- There is no recovery time. You may resume normal activities following procedure.
- Tissue may look or feel stiff immediately after the procedure. This is normal and disappears in minutes.
- The treated area will be red for approximately 20 minutes after the applicator is removed.
- Vacuum can cause bruising and tenderness to the touch. This typically resolves within a few weeks.
- You may feel a temporary dulling of sensation in the treated area. This is normal and will resolve in a few hours to as long as eight weeks after your procedure.

What to Expect Days and Weeks After the Procedure

- Some patients experience more persistent redness that improves after a few days. Call your doctor if you have pain, swelling or redness that is worsening over time or that lasts more than two weeks.
- It is common for the treated area to bruise, which may last for a few weeks. Contact your doctor if the bruising lasts longer than one month or if the bruise appears to be worsening after two weeks.
- In the two weeks following your procedure you may experience one or more of the following sensations – tingling, tenderness, cramping and/or soreness. Consult your doctor if these conditions persist beyond two weeks or are worsening over time.
- You may feel a temporary dulling of sensation in the treated area for up to eight weeks.
- In the weeks following your procedure, a gradual reduction in the thickness of the fat layer will be taking place. In properly selected patients, the CoolSculpting Procedure provides a noticeable, measurable fat reduction in two to four months.

Risks including the following:

- Muscle cramping has been reported ranging from mild to intense in days to weeks following the treatment.
- Bruising can occur and is common following CoolSculpting and should resolve in days to weeks with no treatment necessary.
- Itching in the treatment area lasting from days to weeks
- Skin and or nerve sensitivity or injury that includes pain, pain to touch and burning sensation that may from last days to weeks or longer. Pain has been described as “pins and needles,” “tingling,” “sharp,” “stabbing,” and/or “shooting”. The reported cases have been self-limiting, resolving over a few weeks or rarely longer.
- Burn of the treatment area which may cause darkening of the skin in the treatment area.
- As with any treatment, there is an extremely rare risk of scarring, infection, and hyperpigmentation.

Contraindications: You should NOT have Coolsculpting if you have any of the following:

Paroxysmal cold hemoglobinuria is characterized by the sudden presence of hemoglobin in the urine (called hemoglobinuria), typically after exposure to cold temperatures.

Cold Urticaria (essentially meaning "cold hives") is an allergy where hives (urticaria) or large red welts form on the skin after exposure to a cold stimulus. The welts are usually itchy and often the hands and feet will become itchy and swollen as well. Hives vary in size from about the size of a pencil eraser (7 mm diam.) to as big as a fifty pence piece (27 mm diam.) or larger.

Cryoglobulinemia is the presence of abnormal proteins in the blood. These abnormal proteins become thick or gel-like in cold temperatures. Symptoms vary depending on the type of cryoglobulinemia and the organs that are affected. In general, symptoms may include: Difficulty breathing, fatigue, glomerulonephritis, joint pain, muscle pain, purpura, Raynaud's Phenomenon, skin death, skin ulceration.

Abdominal Hernia or Existing Medical Condition of Abdomen or treatment area.

The staff has explained the nature of my condition, the nature of the procedure and its alternative treatment and the benefits to be reasonably expected compared with alternative approaches.

My signature below constitutes my acknowledgement that I am a competent, consenting adult of at least 18 years of age (or my parent or legal guardian is giving consent on my behalf), and further, that I:

- have read and understand the information provided in this form
- have had my procedure adequately explained to me by my clinician
- have had the opportunity to ask questions, and all of my questions have been answered to my satisfaction;
- have received all of the information I desire concerning my procedure;
- certify that I do not have cryoglobulinemia, cold urticaria or paroxysmal cold hemoglobinuria;
- consent to photographs of the procedure area;
- understand all post procedure recommendations and agree to adhere to them;
- freely assume any risks of complications or injury from known or unknown causes associated with, relating to, or otherwise arising out of this procedure;
- have the right to consent to or refuse any proposed procedure at any time prior to its performance;
- must notify the clinician if my medical history changes prior to subsequent treatments;
- Consent to, and authorize Nouveau Medispa to perform the CoolSculpting Procedure
- Understand that the results obtained are not comparable to surgical results since Coolsculpting is a noninvasive cosmetic medicine treatment, and not a cosmetic surgical intervention/procedure.

The practice of medicine and surgery is not an exact science. Although good results are expected, there is not a guarantee or warranty expressed or implied as to the results that may be obtained. There are variable conditions, risks, and potential complications that may influence the long-term results from light and/or laser treatment. Your nurse or aesthetician may provide you with additional or different information that is based on all the facts in your particular case or state of medical knowledge. Informed consent documents are not intended to define or serve as the standard of medical care. Standards of medical care are determined on the basis of the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve.

Signature (Patient, or if under 18, Signature of Parent/Guardian)

Date

Witness

Date



COOLSCULPTING® PATIENT PACKAGE PRICING

Cycle(s)	Retail Price	Discount	Patient Package Price	PATIENT SAVINGS
15	\$11,250	33%	\$7,500	\$3,750
14	\$10,500	33%	\$7,000	\$3,500
13	\$9,750	33%	\$6,500	\$3,250
12	\$9,000	33%	\$6,000	\$3,000
11	\$8,250	33%	\$5,500	\$2,750
10	\$7,500	33%	\$5,000	\$2,500
9	\$6,750	29%	\$4,800	\$1,950
8	\$6,000	25%	\$4,500	\$1,500
7	\$5,250	20%	\$4,200	\$1,050
6	\$4,500	16%	\$3,800	\$700
5	\$3,750	15%	\$3,200	\$550
4	\$3,000	10%	\$2,700	\$300
3	\$2,250	7%	\$2,100	\$150
2	\$1,500	0%	\$1,500	\$0
1	\$750	0%	\$750	\$0

* Note: Count each of the smaller applicators (CoolCurve+, CoolCore, CoolSmooth and CoolFit) as 1 cycle. Count the larger applicators (CoolMax) as 2 cycles.

** Practices must comply with ZELTIQ's Minimum Advertised Price ("MAP") Policy. Please refer to the Crystal Rewards Terms and Conditions and Co-Op Terms and Conditions for additional information.

Patient results and experience may vary. In the U.S., the CoolSculpting procedure for non-invasive fat reduction is cleared for the flank (love handle), abdomen and thigh. The CoolSculpting procedure for non-invasive fat reduction is available nationwide.

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