

Sclerotherapy Consent

I, _____ understand I will be injected with polidocanol in the following areas: _____.

Polidocanol is a sclerosing agent indicated to treat uncomplicated spider veins (varicose veins < 1mm in diameter) and uncomplicated reticular veins (varicose veins 1-3mm in diameter) in the lower extremity. It is not indicated in larger veins > 3mm in diameter.

Risks and complications that may be associated with injection sclerotherapy include but not limited to:

1. Anaphylaxis: Severe allergic reactions are more frequent with the use of larger volumes of polidocanol, and may be fatal.
2. Bruising/Redness/Swelling/Itching/Pain/Warming/Discoloration at the injection site. I understand that there is a risk of bruising, redness, swelling, itching, and pain associated with the procedure. These symptoms are usually mild and last less than a week but can last longer. I understand pigment irregularity may occur and may take up to a year to fade.
3. Injection Site Irritation: I understand that there is a risk of irritation associated with this procedure. As with any transcutaneous procedure, there may be the possibility of swelling or other local reactions.
4. Injection Site Necrosis: I understand that there is a risk of necrosis at injection site. Severe adverse local effects, including tissue necrosis, may occur following extravasation.
5. Injection Site Neovascularization: I understand that new blood cells may develop due to the trauma at the injection site.
6. Injection Site Scar: I understand that the injection may cause a scar at the injection site.
7. Accidental Intra-arterial Injection: I understand that polidocanol can be accidentally injected into an artery, which may cause severe necrosis, ischemia, or gangrene.
8. Inadvertent Perivascular Injection: I understand that polidocanol can be inadvertently injected near or around a vessel, which may cause pain.
9. Injection Site Thrombosis: I understand that there is a risk of blood clot formation at the site of injection.
10. Pregnancy/Nursing: Polidocanol should not be used in pregnant or nursing women.

Please initial one of the following statements:

_____ To the best of my knowledge, I am not pregnant _____ I believe I am pregnant

This above list is not meant to be inclusive of all possible risks associated with sclerotherapy injection with polidocanol, as there are both known and unknown side effects and complications associated with any medication or sclerotherapy injection procedure. I understand that medical attention may be required to resolve complications associated with my injection.

I have discussed the potential risks and benefits of injection sclerotherapy with my practitioner. I understand that there is no guarantee of any particular results of any treatment.

I understand and agree that all services rendered will be charged directly to me, and I am personally responsible for payment.

By signing below, I acknowledge that I have read the foregoing informed consent, have had the opportunity to discuss any questions that I have with my doctor to my satisfaction, and consent to the treatment described above and its associated risks. I understand that I have the right not to consent to this treatment and that my consent is voluntary. I hereby release the doctor, the person performing the injection sclerotherapy, and the facility from liability associated with this procedure.

Patient Signature: _____

Date: _____

Nouveau Cosmetic Center

Post-Sclerotherapy Instructions

Immediately after procedure:

Expect to have minimal to mild pain, bruising, cramping and swelling for the first 24 hours after therapy.

Day 1 to 3:

- Wear prescribed compression stockings for a continuous 3 days after procedure.
- Leave all taped gauze in place until 1 day after procedure.
- Take over-the-counter Tylenol per directions as needed for pain.
- Avoid Motrin and Aspirin.
- Take over-the-counter Benadryl per directions as needed for itching.
- Use ice packs for especially sore areas.
- Elevate legs for added pain relief.
- Resume normal diet and medications.
- Resume normal daily activities, except you should avoid strenuous activities such as high impact aerobics, running, or weight lifting for 3 days.
- Walk at least 1 hour per day.
- No hot baths or hot tubs.

Notify us for increasing pain, persistent itching or rash, progressive areas of redness, warmth or drainage, fever, swelling, persistent bleeding, lump formations, shortness of breath, chest pains, or leg numbness.

Day 3 to 2 weeks:

- Treated areas will be red-purple in color, with some bruising.
- Remove prescribed compression stockings and all bandages on day 3
- Wear compression stockings during day hours for next 14 days (put on in the morning and take off before going to bed).
- Use a triple antibiotic ointment per package instructions on any ulcers or tape blisters.
- You may shower with stockings off, but continue to avoid hot baths and hot tubs.
- Resume normal athletic activities as tolerated

Any concerns are questions, please call: (302)-623-0997